

# Mosman High School Learning from Home Modified Timetable

**9.00am-9.55am**

**Period 1** - Log on from 9.00-9.15am through Google classroom

5 minutes break

**10.00am-11.00am.**

**Period 2** - Log on from 10.00-10.15am through Google classroom

30 minutes break

**11.30am-12.25am**

**Period 3** - Log on from 11.30 – 11.45 am through Google classroom

5 minutes break

**12.30am-1.25pm**

**Period 4** - Log on from 12.30-12.45pm through Google classroom

35 minutes break

**2.00pm-3.00pm**

**Period 5** - Log on from 2.00-2.15pm through Google classroom

End of day

## EXTRA ACTIVITIES

### JUNIORS

- Check emails/Google classroom for updates
- Read a novel
- Assignment work
- Catch up homework
- Extension activities
- Mathematics activities
- Exercise/wellbeing activities see your PDHPE workouts (Y7-10)
- Make art
- Do a physical workout

### SENIORS

- Check emails/Google classroom for updates
- Track your learning to make sure you are up to date with Assessment work
- Finish class activities
- Any homework tasks
- Additional contact with teachers
- Self-directed study- making study notes, summaries, revision of lessons/videos etc
- Practice past exam papers
- Exercise/mindfulness
- Work shifts (as required)

### SENIORS

- Attend any lessons scheduled at school - especially for major work lessons and VET
- Drop in to the library as needed- open every day from 8.30-3.30pm