

Principal's Update

5 May 2020

Dear all

Well here we are already into week 2 of the term and it is pleasing to see that your students are engaging increasingly with online learning.

Interestingly we have a software platform that shows each student in every year and when they are logged on to either Google classroom or Zoom or Microsoft 365. So we can see those students who are not engaging and those who are and for how many hours. This data parallels our own data that teachers have put together.

The good news is that based on both methods for checking engagement we are seeing most students working for three or more hours per day. In fact a surprising number were working on the Pupil Free Days and on the weekend. Congratulations to students (and parents) for ensuring this works as well as it can over this challenging period.

Already a number of year groups have participated in online assessment tasks with very few missing the task. In fact less than might have happened if students were at school as normal. Not quite sure what to read into that :)

Year 10 will be having an exam week in Week 4. During this week they will not have any classes (online or otherwise) but will sit exams throughout the week. Mr Parsons has already sent a timetable to students and families involved. On the day that Year 10 attend school they will have exams in classrooms.

As promised I have attached the canteen menu starting next week. While we only have 25% of students attending each day, this will be the menu on offer. As the numbers of students attending school increases when we move to the higher Phases then the menu will expand until it is back to normal.

Of course students are encouraged to bring their lunch and water bottle. We do have refill stations.

I have also sent a FACT sheet regarding our expectations of students when they return to school next week. You will see that the emphasis is on maintaining social distancing and good hygiene while providing opportunity for face to face learning.

Also on the second page, I have added a Q&A series. While I realise there are probably more questions than listed at least it gives an idea of what is expected for some common concerns.

From tomorrow (online or face to face) lessons will commence on Wednesday at 9.30am. This will then continue for the rest of the term. Students are used to Wednesday commencing at 9.30 am and for those students attending school that had not changed. However with increasing numbers of students attending school and the need for staff and faculty meetings we will have to go back to the normal bell times. Of course all other days commence at 9.00 am.

So to re-iterate next week, Year 12 attend all week for online lessons. The following week (week 4) we will run both online and offline lessons for Year 12. The following years will attend on their identified day:

Monday - Year 11

Thursday - Year 9

Tuesday - Year 7

Friday - Year 10

Wednesday - Year 8

At the start of each day students will have a (socially distanced) meeting in the COLA. This will give me an opportunity to welcome them back, explain what will be happening throughout their day and for future weeks, give them a timetable mostly for the rooms they will be using, reinforce hygiene measures and expectations (similar to the sheet I have sent to you) as well as letting them know who to speak to if they are worried about something.

If we stay at Phase 1 for week 4, then they will follow the same plan of days as above but will have B week lessons. Any changes for subsequent weeks, I will let you know. At the end of each day we will also have a wellbeing meeting and students will have a staggered release from school.

I thought I'd share with you the strategy that my PDHPE teacher Josh Ferguson has created to keep the students moving during this challenging time working online.

He has designed a fortnightly CrossFit WOD (WorkOut of the Day) called the 'Function Fitness Challenge'.

Week 1-2 -

<https://docs.google.com/spreadsheets/d/1aJddgBOQTQeCgAOOIDpOmqjkXLTyCn0UyWJMmTX5tFw/edit?usp=sharing>

Week 3-4 -

https://docs.google.com/spreadsheets/d/1y5gJP8daTZrd6STwPPR3aLr_BfQInzgJX34PUQinf9M/edit?usp=sharing

The WOD's are designed so:

1. Students can complete them at home with little or no equipment
2. It improves Cardiorespiratory and Muscular Endurance, and
3. Students can fit in into their daily timetable - short in duration (5-9mins long)

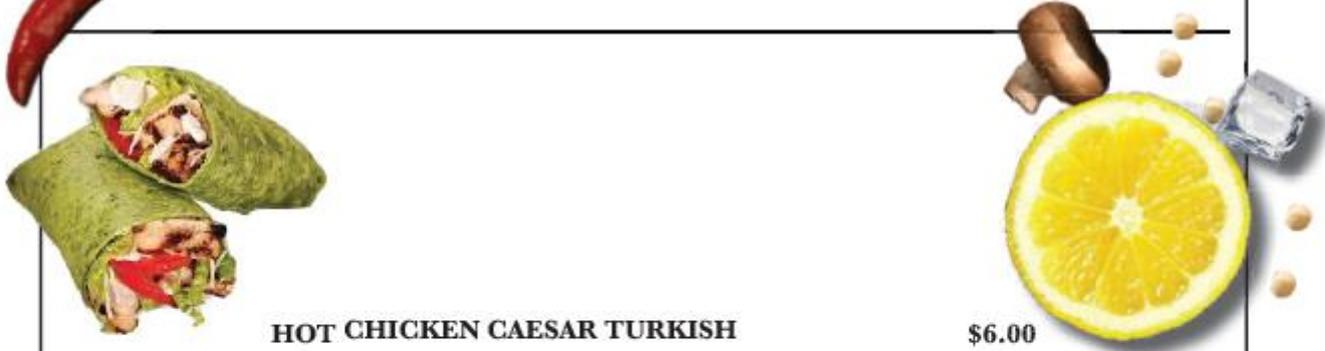
All students from Yr7 to Yr10 (Years 11 and 12 are welcome to take part) are expected to watch the demonstration video and then over the course of the two week period complete the WOD a minimum of two times. Students try and beat the coaches' score outlined on the video or they try and improve their personal best each time they attempt the workout. Once complete they record their scores and submit it on Google Classroom.

Hmmm maybe you might like to accept the challenge :)

Best wishes; until next time

Susan

Susan Wyatt
Principal
Mosman High School



HOT CHICKEN CAESAR TURKISH	\$6.00				
CHICKEN BURGER	\$5.50				
SWEET CHILLI TENDER ROLL OR BURGER	\$5.50				
SWEET CHILLI CHICKEN CAESAR SALAD BOX	\$6.50				
BEEF PIE	\$4.50				
BUTTER CHICKEN & RICE	\$6.00				
WATERMELON BOWLS	\$4.50				
WEDGES	<table border="0"> <tr> <td>CUP</td> <td>TRAY</td> </tr> <tr> <td>\$4.50</td> <td>\$5.50</td> </tr> </table>	CUP	TRAY	\$4.50	\$5.50
CUP	TRAY				
\$4.50	\$5.50				

If you have special dietary requirements, please ask as counter for options



Mosman High School

As you know, there is a planned phased return of students from next **Monday, 11 May**. This is in line with Phase 1 Return to School model being implemented by the NSW Department of Education.

Expectations to ensure health and safety of all students and staff

Safety is a priority during the COVID 19 pandemic. Students will be expected to behave in a responsible way, which recognises the importance of protecting the health of themselves, their peers and staff. A few teachers will be working from home due to higher levels of vulnerability to COVID 19.

Students will be expected to:

- Stay home when unwell. Parents must not send students to school if they are feeling unwell. If a student is unwell during the school day, parents will be expected to collect unwell students from school.
- Assist in keeping classroom desks and school equipment clean as directed by the teacher
- Engage in regular handwashing, especially before eating during breaks and after using the bathroom
- Not share drinks or food – bring a water bottle as bubblers will be out of action and only bottle refill stations operating
- Remain 1.5 m apart from other students wherever possible – this can be maintained in the classroom for students in Years 7 – 12 each day. All efforts to maximise distancing will occur.
- Maintain social distancing in corridors and when queuing – where possible floor markings outside classrooms and in the canteen have been created to assist
- Bring all their own equipment including pens, calculators, BYOD with charger, glue and anything else needed as there will be NO sharing amongst students or provided by staff
- Cough or sneeze into their elbows if necessary to avoid spreading infection. Avoid touching face.
- Use soap, sanitisers and other health items in a responsible manner – sanitisers are placed in classrooms and around the school.
- Not participate in ball games during break times due to infection risk and not to bring balls to school
- Come directly to school each morning, and after school go directly home – no going via the local shops or the park

If we all adhere to these guidelines we can be confident in this phased return to school. Furthermore, additional cleaning is being undertaken with special attention to cleaning of desks, doorknobs, bathrooms and other surfaces.

Students who do not adhere to these health and safety requirements will be reminded of our expectations and the school discipline procedures will be implemented.

Transport

School buses will be running at normal times before and after school.

Canteen

The canteen will operate everyday but with a reduced menu. Thus:

- Over the counter is limited and it is CASHLESS so would need a card for payment
- The canteen is open in normal hours.

Your Q and A

Do I have to send my child back to school or do I have the option to continue remote Home Learning?

The government and Department of Education are encouraging students to return according to each school's Phase 1 Plan. We believe it is in the interests of students' learning and wellbeing. However it is not compulsory. Please notify the school clearly stating your child's name and year group if you intend them not to return.

Can I change my child's day of attending school?

*Generally **NO**, to enable us to manage a complex and challenging variation of routine. However students of essential services or high needs children may attend school and will be supervised.*

Can you clarify how students learning will proceed?

In Phase 1 all classes are still set up on online learning platforms. Whether at school or at home, students in Years 7 to 11 will be engaging in the online work in class time. On their designated day, students can seek clarification and assistance in class time directly from their teacher. For year 12 students there will be direct and explicit teaching in the lesson.

I have been sending my child to school full time as an essential worker. Can I continue to do this?

Yes – this has always been an option. However if this pushes a 7 - 11 class over 10 students then they will be supervised in a different location.

What about camps, excursions, assemblies and band rehearsals?

At this stage everything additional to classroom teaching and learning is on hold.

One last comment

We are greatly looking forward to seeing our students attend school – we have missed them.